Friedrich-Alexander-Universität Erlangen-Nürnberg



# Informative Meeting, Master Program 2024/2025 From Oct 2024 to July 2025

# FAU mentoring ARIADNE technat





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#### Our agenda

- Why FAUmentoring ARIADNEtechnat?
- How do you benefit?
- How do you contribute?
- How does it work?
- How do you apply?
- Your questions





# Why FAUmentoring ARIADNEtechnat?

The program is aimed at supporting female students interested to embark into a scientific career but who have doubts.....

"Will I be able to succeed with a doctorate? I am good at research but I lack information about structures in the academic field."

"My marks are very good, but I lack confidence. Am I up to a doctorate?"

"Will I be able to secure a PhD position? I need recommendations on how to apply successfully."

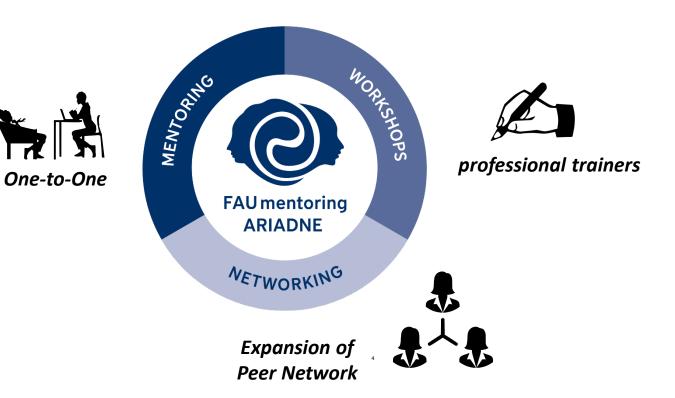
**ARIADNE***technat* offers you advice by experienced scientists.





# How do you benefit?

- Individual advice by your mentor
- A tailored workshop
  program
- Networking with your colleague mentees







#### How do you benefit?

Individual advice by your mentor:

- Exchange in a protected space, not related to your professors and other students
- Personal guidance, allowing you to raise more intimate questions
- Sharing of experience by a person with a long track record, who may have faced the same questions and doubts







### How do you benefit?

#### A tailored workshop program

- A focus on Soft Skills, personal development and working techniques
- Including an introduction to your role as a mentee
- Workshops held by professional trainers with a track record in the academic field





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### How do you benefit?

#### Networking

- Events for exchange with your peer mentees
- And a platform for exchange within the group, independently of the official program







#### How do you benefit? – What previous mentees say

"I am more confident about my future scientific endeavors, and I have acquired extensive insights into the structure and dynamics of the scientific community. Moreover, I have gained profound insights into harmonizing my scientific career with family life."

"My mentor has helped me to learn how to deal more calmly with stressful situations. I am more confident about my choice of career path. I am better able to prepare and practice presentations."

"Taking part in the program enhanced my confidence in my academic abilities."

"My mentor made me confident, that my competencies are sufficient for a doctorate and that I will acquire skills I need during the process. The workshop program made me understand that I can easily achieve results using smart techniques."





#### How do you contribute?

- Your thoughts: Mentoring means that you are in the driver seat to come up with questions and share your ideas and doubts.
- Your initiative: It is up to you to ask your mentor for a meeting. It is you who sets the agenda.
- Your implication: to make your mentoring a success, you need the stamina to be involved throughout the program period of 9 months.
- Your openness: you should like to get feedbacks, to learn and to change.
- Your time: your schedule is busy at university, but it pays off to invest time into workshops and meetings.
- Your willingness to share: networks will be a success factor throughout your career. Start to build them now with your peer mentees!





#### How does it work?

- Once you have been selected as a mentee, the ARIADNE team will suggest a mentor based on your preferences and the topics you want to discuss.
- You will decide first whether the suggestion makes sense to you. We will then send a request to the potential mentor without revealing your identity.
- If they agree, we ask you to get in contact with the mentor and arrange a first meeting to get to know each other, exchange about mutual expectations and to test the chemistry.
- Only when both sides agree to the mentoring partnership the official mentoring starts.





# How do you apply?

# **Requirements:**

- You need to have a formal connection to the Faculty of Engineering or the Faculty of Sciences.
- You should have a strong preference for further academic qualification.

# Next steps:

• Fill in the application form and submit all documents until March 26th.

<u>Application as a mentee > www.mentoring.fau.eu</u> <u>Teilnahme als Mentee > ARIADNE (fau.de)</u>

#### We will schedule a Zoom interview of about 20 minutes



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# Up to you to ask questions!





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