

WELCOME!

Informative Meeting

10.30 pm – 23 May 2025



FAU mentoring
ARIADNE technat

Agenda

Informative meeting FAUmentoring ARIADNEtechnat

01 Why FAUmentoring ARIADNEtechnat?

02 How do you benefit?

03 Requirements & Application ?

04 Your questions





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Why FAUmentoring ARIADNE?



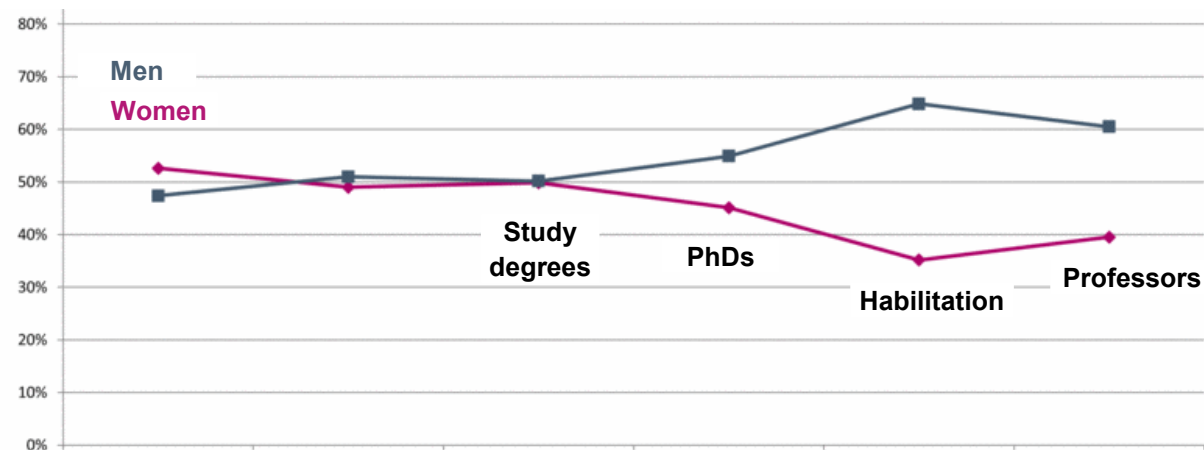
Why female students and researchers?

Leaky pipeline

Women's and men's shares in the qualification process
(all subjects, Germany 2023, CEWS):



Aimed at supporting
**female students and
young researchers,**
who aspire an
academic career.



Faculty-specific program lines



Friedrich-Alexander-Universität
Technische Fakultät



Friedrich-Alexander-Universität
Naturwissenschaftliche Fakultät



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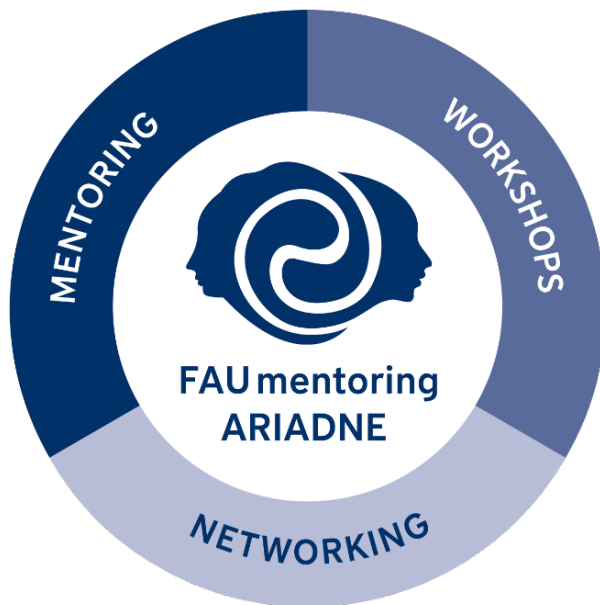
Qualification-specific programme lines ARIADNEtechnat:

ARIADNEtechnat <i>master</i>	ARIADNEtechnat <i>doc/postdoc+</i>
Master's students or state examination degree	Doctoral candidates Postdocs, Habilitantinnen, W1
9 months	18 months

Programme
language:

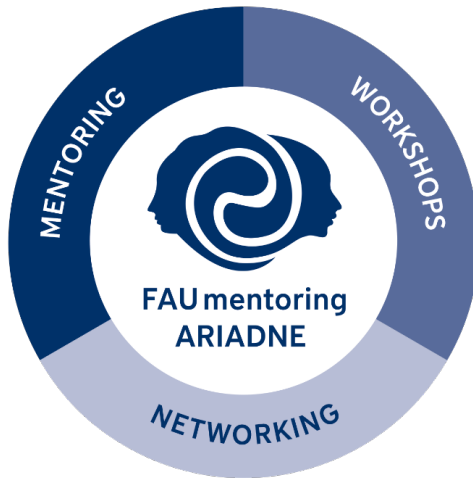
ENGLISH

Structured Mentoring Program with Three Key Elements



- (1) **MENTORING** > Individual advice by a mentor
- (2) **Tailored EVENTS PROGRAM**
(workshops, talks and other formats)
- (3) **PEER-NETWORKING**
with your colleague mentees

Structured Mentoring Program with Three Key Elements



(1) MENTORING: Individual advice by a mentor

- Interdisciplinary, one-to-one mentoring by an experienced FAU scientists (or from affiliated institutions)
- No subject-specific mentoring > complementary to professional supervision
- Focus: Questions related to career planning and development in science



Mentor is an independent and neutral person!



No hierarchical relationships & role conflicts

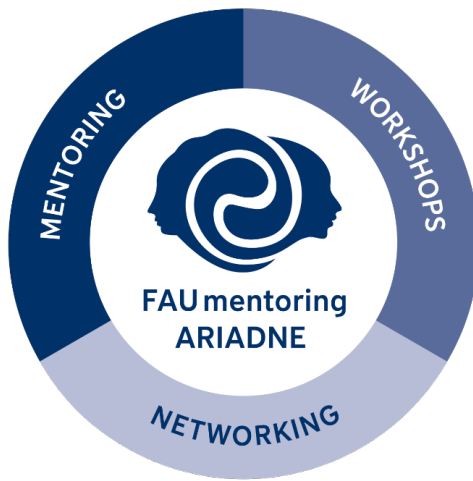


Exchange in a protected space, not related to your professors and other students; allows to raise more intimate questions

ARIADNE Matching Process Mentee - Mentor



Structured Mentoring Program with Three Key Elements



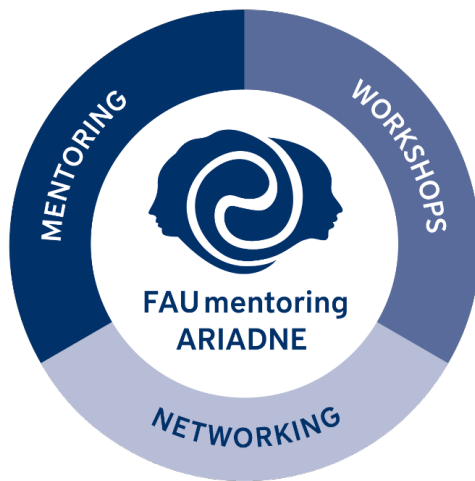
(2) Tailored EVENTS PROGRAM

(workshops, talks and other formats)

- ➔ Focus on soft skills, personal development and working techniques
- ➔ Professional trainers with a track record in the academic field
- ➔ Including an introduction to your role as a mentee (mandatory)
- ➔ Online & personal meetings



Structured Mentoring Program with Three Key Elements



(3) PEER-NETWORKING

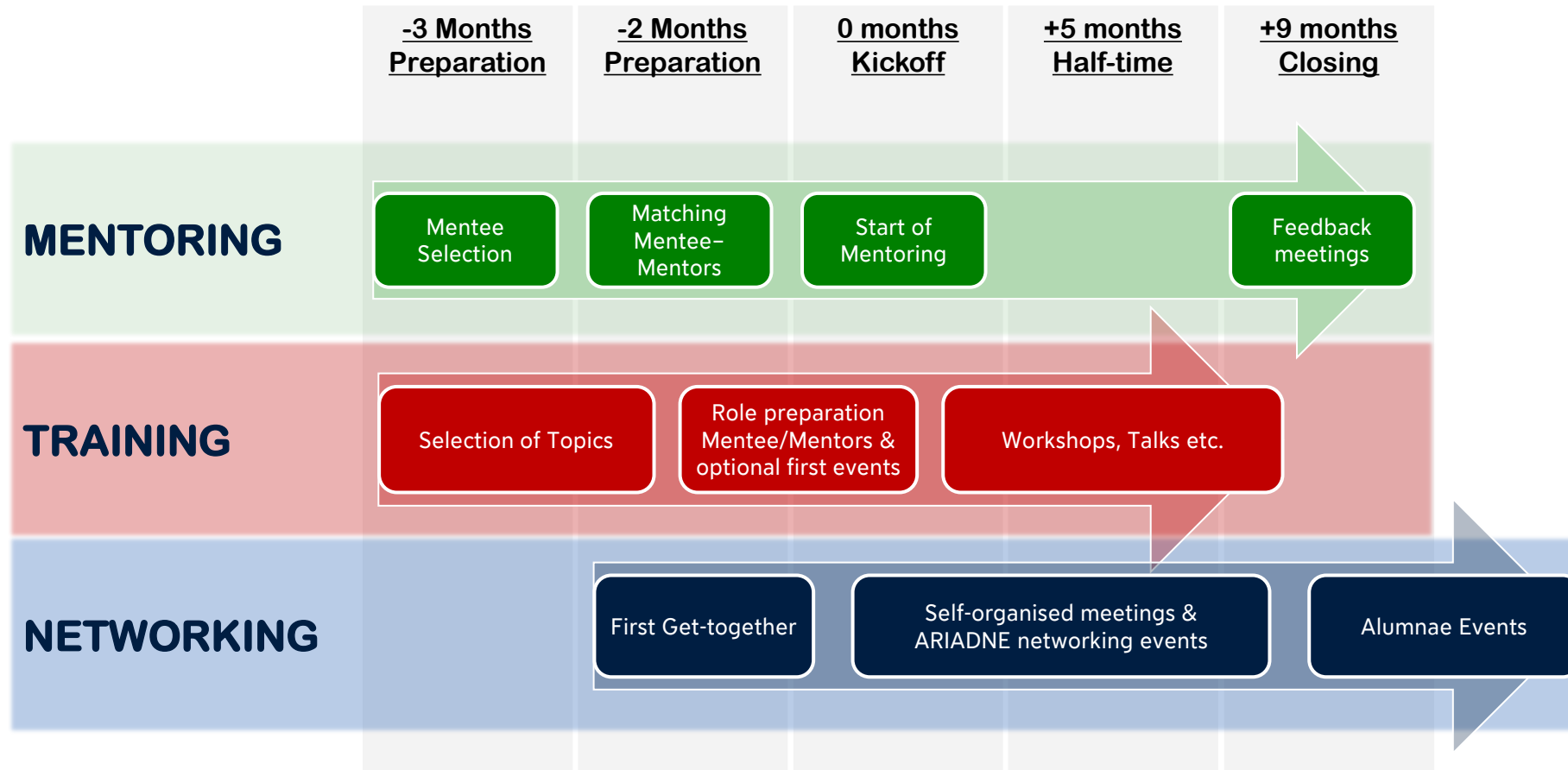
with your colleague mentees

- ➔ Exchange with your peers at events &
- ➔ independently of the official program

Self-organised meetings (e.g. regulars table, activities)
Platform for exchange withing the group (e.g. WhatsApp)



Program Time Line (Master)





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How do you benefit?

Motivation of participants

- **Clarification of personal career goals** (within and outside of academia)
- **Support with decision-making processes** and **strategic career planning**

I would like to pursue an academic career, but I have doubts...

„Will I be able to succeed with a doctorate?

I am good at research but I lack information about structures in the academic field.“

„My marks are very good, but I lack confidence. Am I up to a doctorate?“

„Will I be able to secure a PhD position? I need recommendations on how to apply successfully.“

Motivation of participants

- Getting to know **role models**, especially female leaders
- Expanding **competencies**
(soft skills in communication, leadership, time management, etc.)
- **Sense of belonging and support** (in often male-dominated environments)
- **Empowerment through sharing experiences** with other women in similar situations

Your Benefits

Insight into structures and processes at university

New impulses from your mentor and your peer-mentees

Enhancement of professional and social competencies

Chance to build networks with people,
who are in the same stage of qualification



Better career strategy!



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Requirements & Application

Personal requirements

Proactivity:

Mentoring means that you are in the driver seat to come up with questions and share your ideas and doubts.

It is up to you to ask your mentor for a meeting. It is you who sets the agenda.

Your time and implication:

Your schedule is busy at university, but it pays off to invest time into workshops and meetings.

To make your mentoring a success, you need the stamina to be involved throughout the program period of 9 months.

Your openness:

You should like to get feedbacks and to learn.

Your willingness to share:

Networks are a success factor throughout any career. Start to build them now with your peer mentees!

Formal requirements

You need to have a **formal connection** to the Faculty of Engineering or the Faculty of Sciences.
You should have a **strong preference for further academic qualification**.

Application



- (1) Online Application via ARIADNEtechnat website (German & English)
<https://www.mentoring.fau.de/ariadnetechnat/> > Become a mentee
- (2) Submit necessary documents via E-Mail to ariadne-technat@fau.de
CV, certificates of university degrees, enrollment certificate, Transcript of Records
Application deadline 10 July 2025!
- (3) We will schedule a Zoom interview of about 20 minutes

CONTACT

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<https://www.mentoring.fau.eu/>

<https://www.mentoring.fau.de/>





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Your questions

**Thank you very much for your
attention!**