



FAU mentoring
ARIADNE technat

Informative Meeting 2026



01 What, Why & Who? → Goals, Background, Design & Target Groups

02 How? → Timeline, Requirements, Benefits & Application

03 Your Questions!



What, Why & Who?

→ Goals, Design, Background & Target Groups

What, Why & Who?

Goal, Design, Background & Target Groups



Context

What:

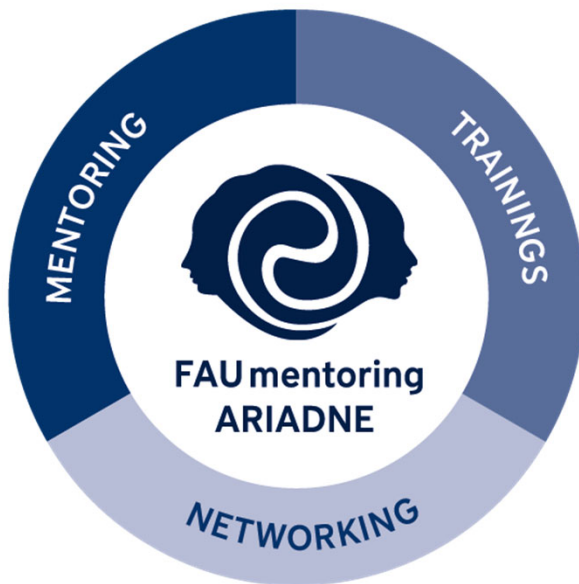
A central gender equality measure of FAU

Structured Mentoring Program (1:1) combined with Trainings & Peer Networking

Goal:

Mentoring & Empowerment for Women Scientists
Increase the proportion of women in academia

→ Faculty-specific target agreements 2022 – 2027



What, Why & Who?

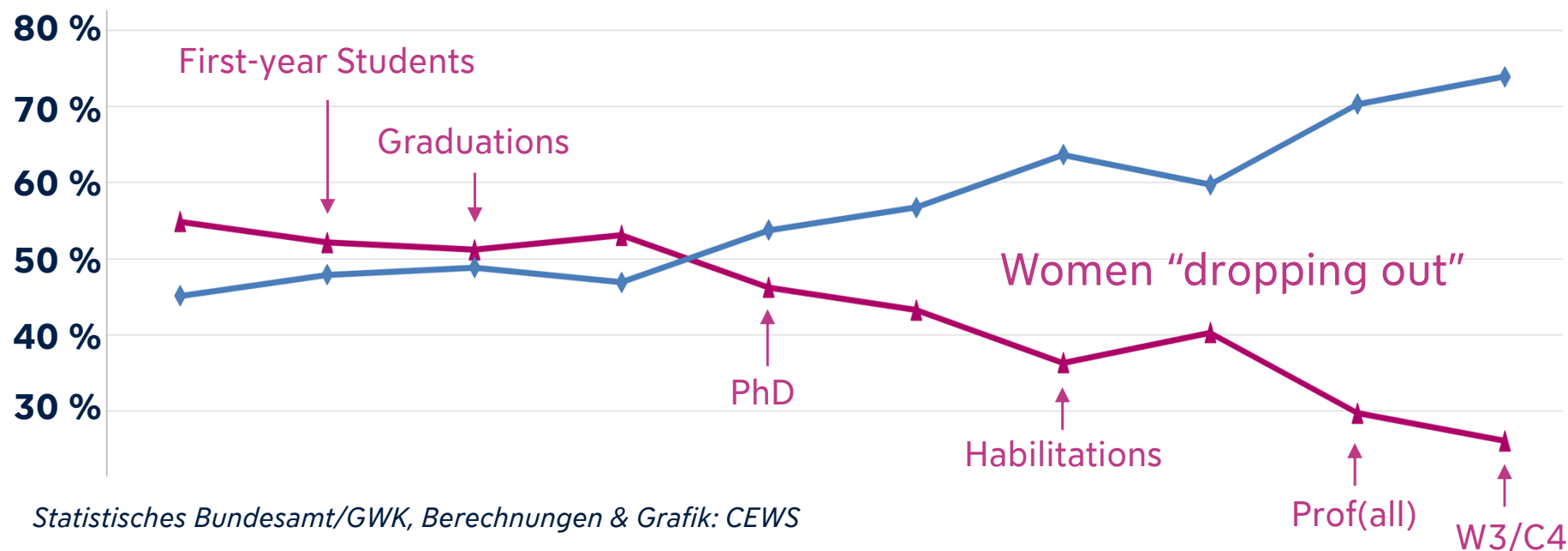
Goal, Design, Background & Target Groups

Background

Why Mentoring for Women Scientists?

Leaky Pipeline in Academia

Women's and **men's** shares in the academic qualification process
Germany, all subjects 2024:

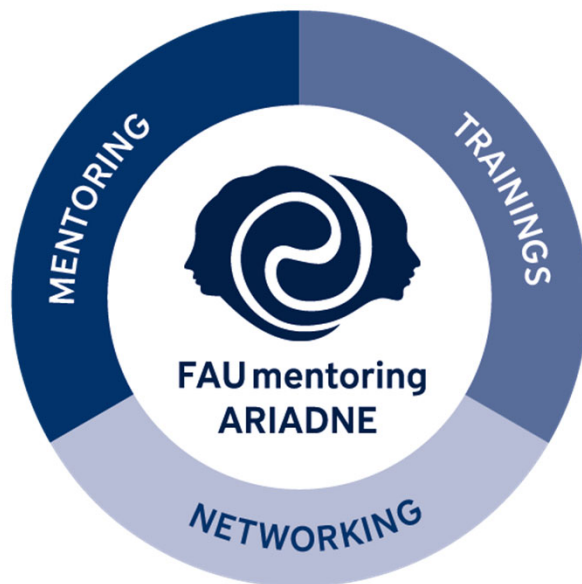


What, Why & Who?

Goal, Design, Background & Target Groups



Program Design



Discipline-specific → **STEM Women**

Qualification-specific → **Doc | Postdoc⁺ | Master's**

Focus → **Career development, personal skills**

Mentoring-Setting → **interdisciplinary**

not competing with subject-specific supervision (complementary!)

excluding role conflicts & bias

What, Why & Who?

Goal, Design, Background & Target Groups

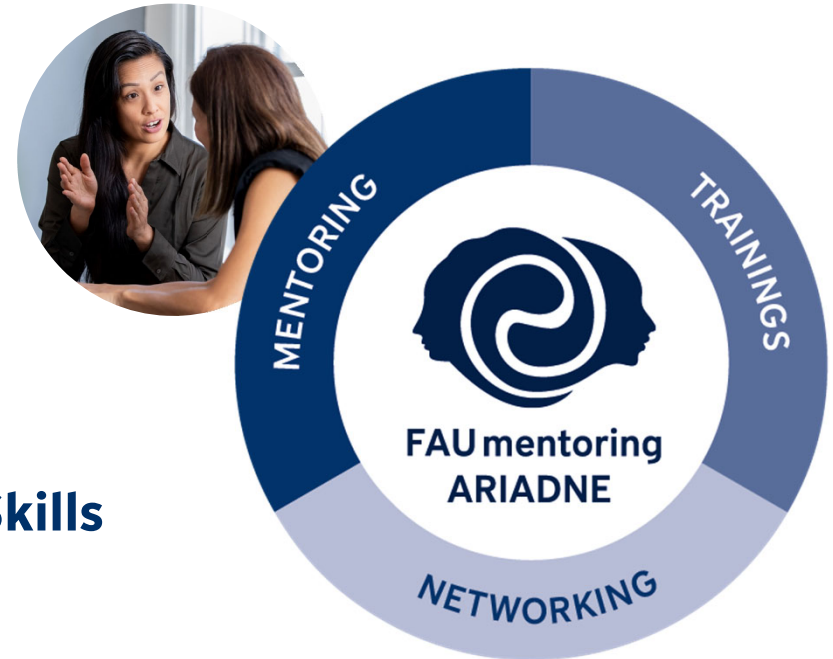
Program Design - MENTORING

→ **1:1 Mentoring by FAU researchers**

Interdisciplinary | non-subject related

hierarchy-free | no role conflicts

→ **Focus on Career Development & Personal Skills**



What, Why & Who?

Goal, Design, Background & Target Groups

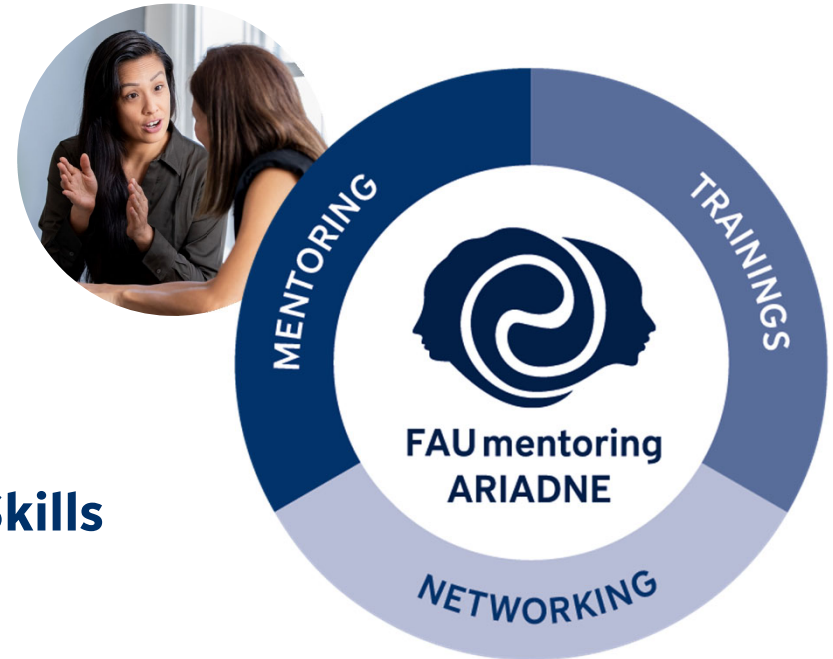
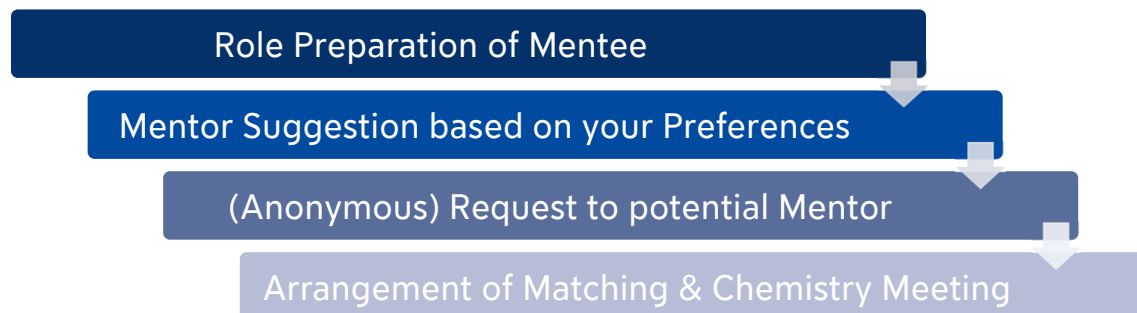
Program Design - MENTORING

→ **1:1 Mentoring by FAU researchers**

Interdisciplinary | non-subject related
hierarchy-free | no role conflicts

→ **Focus on Career Development & Personal Skills**

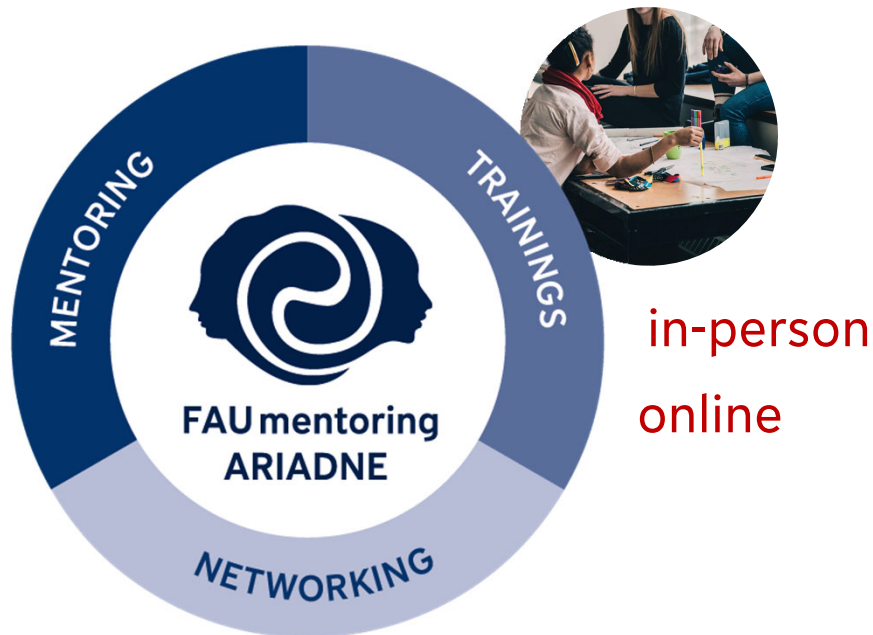
→ **ARIADNE Matching Mentee - Mentor**



What, Why & Who?

Goal, Design, Background & Target Groups

Program Design - TRAININGS



→ Supporting the mentoring process

Role Preparation | Interim Reflection

→ Workshops, Talks, Q&As

Focus on Soft Skills | Gender-specific
challenges of Women in STEM |

Career-relevant topics for scientists

e.g. Networking, Self-Presentation, Confidence,
Mental Health, Leadership, Talent/Values Mapping,
Balancing care responsibilities with work, Proposal
Writing

What, Why & Who?

Goal, Design, Background & Target Groups



Program Design - TRAININGS

[Start](#) / [ARIADNEtechnat](#) / [Target groups & program starts](#)

Target groups & program starts

Background & Design →	Target groups & Starts →	Become a mentee →
Become a mentor →	Information material →	Mentoring guideline →

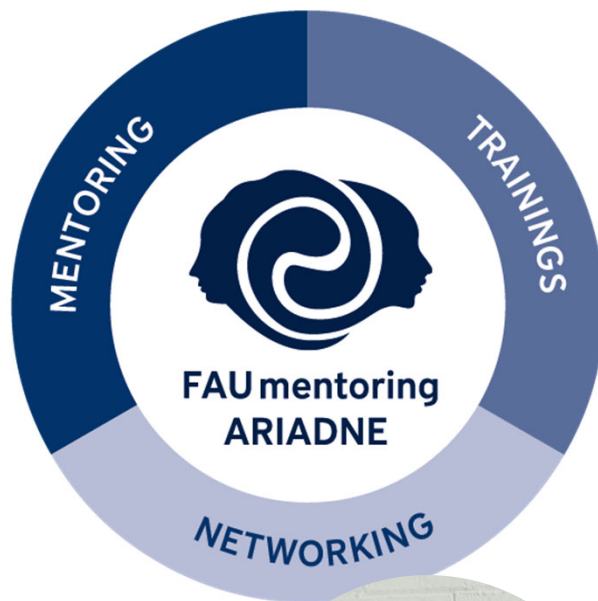
[Preview: Event program ARIADNEtechnat doc/postdoc+ 2027/28](#) →

[Preview: Event program ARIADNEtechnat master 2027/28](#) →

What, Why & Who?

Goal, Design, Background & Target Groups

Program Design - NETWORKING



→ **Organised ARIADNE Networking Events**

e.g. World Café | Talks (all FAU ARIADNE Mentees)

→ **Self-organised Peer Group Networking**

Your ARIADNE Group | Support by Coordinator
(e.g. Get-together of the group)

What, Why & Who?

Goal, Design, Background & Target Groups

Motivation & Benefits of Participants

Empowerment & Learning



Strategic Career Development

Understand University
Structures and Informal Rules



Develop Skills



Support & Network

Exchange Experience
Meet Role Models



Motivation & Benefits of Participants

I would like to pursue an academic career, but I have doubts...

*„Will I be able to secure a PhD position?
I need recommendations on how to apply successfully.“*

*„I’m good at research but I lack information about structures in the
academic field.“*

*„My marks are very good, but I lack confidence.
Do I have the skills needed to be a scientist?“*



Mentee's Feedback

I now approach my career planning in a more targeted way and have more confidence in myself and my scientific abilities.
(ARIADNE mentee)

The mentoring helped me to get a better idea of how to approach, structure and write my thesis and also gave me a lot of motivation.
(ARIADNE mentee)

By mentoring I got to know myself better.
(ARIADNE mentee)

The exchange between mentees is great, because you [...] have a network that supports you and gives new impulses.
(ARIADNE mentee)



FAU mentoring
ARIADNE technat

How? → Requirements & Application

How?

Requirements, Benefits & Application



FAU mentoring
ARIADNE technat



Formal Requirements

- ✓ **Formal connection** → Faculty of Engineering or the Faculty of Sciences
- ✓ **Strong preference for further academic qualification**

Doctoral Candidates:

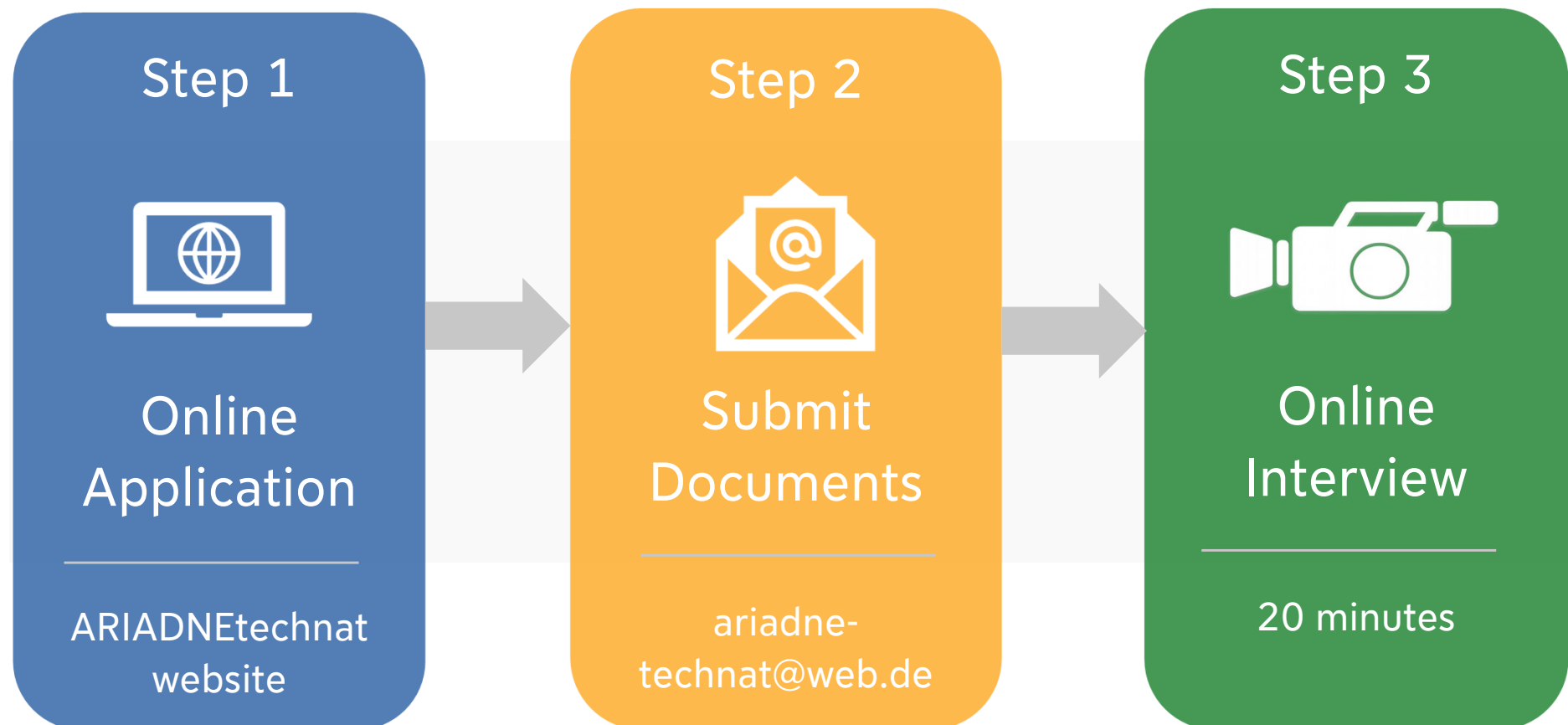
The supervision agreement must be in place by the start of the program.
Applications may be submitted beforehand.

Doc Cand. (Natural Sciences/Engineering) at the Faculty of Medicine or Universitätsklinikum can also apply for ARIADNEtechnat (as ARIADNEmed is only for Postdoc(+)).

How?

Requirements, Benefits & Application

Application



How?

Requirements, Benefits & Application



Application as a Mentee

The poster features the FAU logo and text: 'Friedrich-Alexander-Universität Erlangen-Nürnberg', 'Dream Job Scientist?', 'Mentoring & Empowerment for Women Scientists', 'Doc | Postdoc+ | Master's Students', and 'FAU mentoring ARIADNE technat'. A green circular button with 'Apply now!' is overlaid on the right side, which shows a woman working with scientific equipment.

www.mentoring.fau.de/ariadnetechnat

www.mentoring.fau.eu/ariadne-technat

Next Starts: **February 2027**

Annually online via Website:

Female Early-Career Researcher
Doc/Postdoc+ → July – September

Master's Students with PhD ambitions
→ October – November

Mentee werden



Become a mentee



How?

Requirements, Benefits & Application

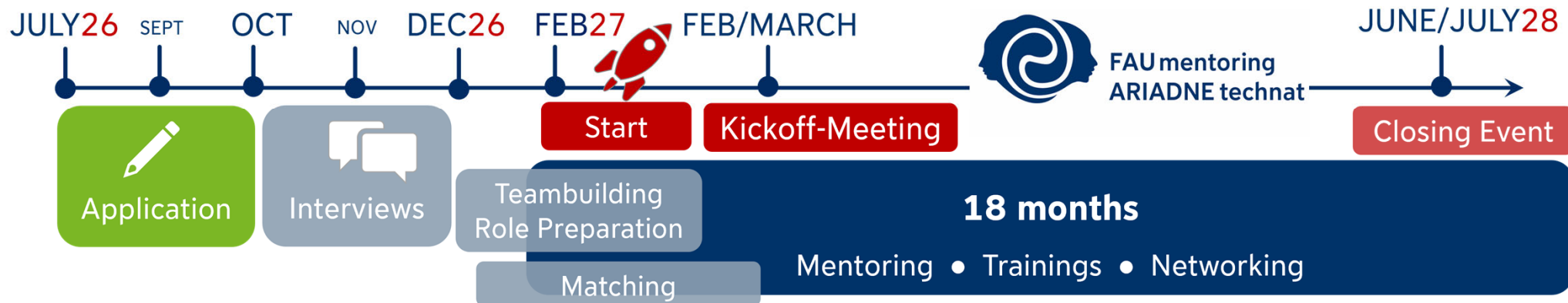


FAU mentoring
ARIADNE technat



Timeline – ARIADNEtechnat doc/postdoc⁺ 2027/28

Timeline FAUmentoring **ARIADNEtechnat doc/postdoc⁺ (2027/28)**



End of November/December 2026 → Role Preparation & Teambuilding

January 2027 → First Workshop, Start of Mentoring (if Matching is completed)

February/March 2027 → Kickoff Meeting

How?

Requirements, Benefits & Application



Timeline – ARIADNEtechnat master

Annual Timeline FAUmentoring **ARIADNEtechnat master**



How?

Requirements, Benefits & Application

Personal Requirements

Mentoring Essentials



Proactivity

Take initiative
and set the
agenda



Openness

Be open to
feedback and
learning



Commitment

Invest your time
and energy



Networking

Build networks
with your peers
& share your
experiences

How?

Requirements, Benefits & Application



Does ARIADNE align with your career goals and needs?
Then apply now!

A promotional poster for the FAU mentoring ARIADNE technat program. The poster has a dark blue background on the left with the FAU logo and text: "Friedrich-Alexander-Universität Erlangen-Nürnberg", "Dream Job Scientist?", "Mentoring & Empowerment for Women Scientists", and "Doc | Postdoc* | Master's Students". Below this is the FAU mentoring ARIADNE technat logo. On the right is a photograph of a woman with glasses working on a piece of scientific equipment. A green circular badge with the text "Apply now!" is overlaid on the bottom right of the poster.

Female Early-Career Researcher
Doc/Postdoc⁺ → July – September

Master's Students with PhD ambitions
→ October – November

www.mentoring.fau.de/ariadnetechnat

www.mentoring.fau.eu/ariadne-technat

How?

Requirements, Benefits & Application



Contact

Dr. Marion Kämmlein
ariadne-technat@fau.de

www.mentoring.fau.de/ariadnetechnat

www.mentoring.fau.eu/ariadne-technat

Background & Design →

Target groups & Starts →

Become a mentee →

Become a mentor →

Information material →

Mentoring guideline →



**FAU mentoring
ARIADNE technat**

We look forward receiving your application!